

## Entrées

### Blackened Chicken Breast . 12

truffle mac n' cheese . tomatoes .  
prosciutto chips . micro greens .

### Grouper Tacos . 12

crispy fried grouper . malted slaw .  
salsa fresca . jalapeño aioli .

### Blackened Salmon Tacos . 10

tzatziki . shredded lettuce .  
guacamole . cilantro black beans .

### Meatloaf . 12

mashed potatoes .  
braised red cabbage .  
bordelaise . crispy leeks .

### B.B.Q Pork Plate . 12

texas toast . choice of two sides .

### Herb Crusted Rainbow Trout . 14

jalapeño grit cake .  
cilantro chimichurri . charred tomato  
relish . crispy spinach .

## Lighter Fare

### Hummus . 9

grilled flatbread . sours . vegetables .

### Almond Baked Brie . 10

brown sugar & almond topping .  
crackers . fresh fruit .

### Chicken Quesadilla . 9

pepper jack cheese . caramelized  
onions . cilantro black beans .  
sour cream . salsa fresca .

### Artichoke Quesadilla . 9

fontina . tomato confit . spinach .  
hearts of palm . salsa fresca .

### Crab Cake . 8

smoky collards . apple tartar sauce .

### Spinach Dip . 9

artichoke & olive tapenade .  
tortilla chips .

## Friday Lunch Special

### Fish & Chips . 14

beer battered haddock . malted slaw .  
fingerling chips . apple tartar .

## Beverages

Coca-Cola Sodas 2 . Iced Tea 2 . Orange Juice 3 .  
Cranberry Juice 3 . Pineapple Juice 3 . Pink Lemonade (no refills) 2.5 .  
Arnold Palmer (1 refill) 2.5 . Pom Wonderful 5 . Saranac Root Beer 3 .  
Saranac Ginger Beer 3 . Boquete Mountain Coffee 3.25 .  
Espresso 3 . Cappuccino 4 . Pellegrino 3 . Acqua Panna 3 .

## Sandwiches and Wraps

. Served with your choice of a side .

### Crab Cake Sandwich . 10

pan seared . croissant . lettuce . tomato  
apple tartar sauce .

### Turkey Salad Tartine . 10

french bread . bibb lettuce . cucumber .

### Grilled Veggie Tartine . 9

zucchini & squash . roasted red peppers .  
onion . fontina . fresh basil . 5 spice aioli .  
french bread .

### Turkey Swiss Melt . 9

collards . tomatoes . bacon . ciabatta .

### Grilled Bacon B.L.T . 9

thick cut bacon . bibb lettuce .  
brown sugar mayo . texas toast .

### Grilled Apple and Nutella Panini . 8

toasted walnuts . creamy brie . ciabatta .

### Cheddar Burger . 10

lettuce . tomato . onion . pickle .  
bacon . kaiser .

### Carolina Pork B.B.Q Sandwich . 9

caramelized onions . jalapeños .  
malted slaw . kaiser .

### Black Bean Wrap . 10

black bean patty . lettuce . salsa fresca .  
fontina . jalapeño aioli .

### Thai Chicken Wrap . 10

julienne vegetables . grilled chicken .  
chopped peanuts . citrus sauce .

## Eggs and Such

### Mashed Potato Omelette . 10

cheddar cheese . bacon . scallions .  
sour cream .

### Artichoke Omelette . 9

herb mélange . goat cheese . roasted tomato .  
choice of side .

### Quiche Du Jour . MKT

choice of side .

## Salads

### Soup du Jour 4/6

### Salad Add-Ons

grilled chicken 4 . seared salmon 6  
pan seared crab cake 5 . fried shrimp 6

### Bistro Salad . 8

red wine vinaigrette . julienne vegetables .

### Caesar Salad . 8

chopped romaine hearts . grana padano .  
croutons . anchovies . caesar dressing .

### Lemon Goat Salad . 8

mixed greens . lemon thyme vinaigrette .  
balsamic reduction . spiced pecans .  
orange segments . goat cheese croutons .

### Heart Salad . 8

grilled romaine heart . artichoke hearts .  
hearts of palm . grana padano .  
red pepper syrup .

### Buffalo Shrimp Salad . 12

chopped romaine . celery . carrot . tomato .  
red onion . red wine vinaigrette .  
blue cheese dressing .

### Turkey Salad & Fruit . 10

warm croissant or spiced muffin .

### Roasted Beet & Broccolini Salad . 9

caramelized onions . crumbled goat cheese .  
warm dill vinaigrette . wilted greens .  
toasted ciabatta .

### Greek Salad . 12

chopped romaine . tomato . pepperoncini .  
olives . onions . tzatziki . pita points . feta .  
red wine vinaigrette . grilled chicken .

### Guacamole Salmon Salad . 10

citrus vinaigrette . roasted corn salsa .  
crispy tortilla strips . cilantro chimichurri .

## Sides

Asparagus . Smoky Collards .

Braised Red Cabbage .

Fresh Fruit . Fries .

Truffle Mac n' Cheese .

Mashed Potatoes .